

Lunenburg Council on Aging

Meeting Minutes

Date: March 10, 2026

CALL TO ORDER

Chairperson Deb Lincoln called the meeting to order at 9:37 a.m.

PRESENT

Deb Lincoln (Chairperson), Diane Nowd, Lou Franco, Elena Christopher, Susan O'Sullivan, Ana Lockwood

Excuse: Helen Balcom, Jane Rabbitt (Vice-Chair), Jim McGuigan, Cathy Beale, Jack Rabbitt

GUESTS

Debra Goodsell, Director,

ANNOUNCEMENTS

None

PUBLIC COMMENT

None

BOARD COMMENT

None

MINUTES APPROVAL

A motion was made and seconded to accept the February minutes as presented. The motion was approved unanimously.

NEW BUSINESS

1. **Honorary Board Members**

Chairperson Deb Lincoln previously introduced the idea of establishing Honorary Board Members and asked for board input. The Board members discussed consider potential criteria for such positions. A motion was made by Susan O’Sullivan to nominate Peter Lincoln for consideration as an Honorary Board Member, Ana Lockwood seconded the motion. All in favor- unanimously.

2. **Minute Taker**

Plaud Note device is being used to assist with recording minutes. Deb Goodsell will take notes as back up.

3. **Reading Program-** tabled till next meeting when Jack Rabbitt is in attendance.

OLD BUSINESS

1. **Financial Report**

Presented – reports in packets. Expenses are on track.

2. **Personnel Update**

The Outreach position has been accepted by Melissa Sargent. Melissa is the current COA Director in Berlin and comes with a wealth of experience.

3. **Caregiver Resource Connection-**tabled till Cathy Beale in attendance

Special Town Meeting- Article 12

- o Lou Franco will meet with Selectboard Chair Caesar Nuzzolo to discuss.

4. **Local Hospital Services Update**

The latest report indicates completion of the UMass Groton ER facility is expected in late Fall 2026. Check out webpage for latest updates

5. **Lobby Furnishings**

Furnishings have been ordered.

6. **41A Update-** tabled till next meeting when Jack Rabbitt is in attendance.

COA Board Facebook Page

Chairperson Deb Lincoln encouraged Board members to continue to submit content of interest for posting.

7. **By-laws Feedback**

Selectboard Chair Caesar Nuzzolo informed the Board that the current by-laws are outdated, dating back to the initial establishment of Councils on Aging. The By-law Committee will be meeting, and it may be advisable to begin drafting new by-laws.

DIRECTOR'S REPORT

Director Debra Goodsell presented updates on upcoming programs and events, including:

- March is National Sleep Month
- March 5- Education on Nutrition and Sleep
- New program Modern Canasta
- March 12- Irish Step Dancers
- March 13- Veteran's Breakfast
- March 16- Community Read Brunch
- March 17- Irish lunch
- March 20- program called Getting a Better Night's Sleep
- Sunday, March 22- Bingo Gift Card Frenzy
- March 30- Spring Floral Craft
- April 1- Encore Trip
- April starts Early Dine. Dinner at 4:30 p.m. at \$5
- April 8- Card Making Craft
- April 10- Volunteer Appreciation
- April 17- Veteran's Breakfast
- April 22- Planning Ahead- Strategies for paying for Long Term Care
- April 27- Ask a pharmacist
- April 30 Kentucky Derby
- Save the Date- May 12 Pavilion Dedication

Telehealth Hub

- We have been notified that we have received the grant, waiting for the monies to begin.

EAGLE HOUSE SUPPORTERS REPORT

President Ena Keo-Thompson presented the report.

- Upcoming trips are posted on the Trip Info Wall.
- The Gift Card Frenzy Fundraiser will be held Sunday, March 22 at 1:00 p.m.
- New Lunenburg Baseball Caps Fundraiser

NOTICES AND COMMUNICATIONS

None

BOARD COMMENT

None

PUBLIC COMMENT

None

ADJOURNMENT

A motion was made and seconded to adjourn. The meeting adjourned at 10:41 a.m.

UPCOMING MEETING

Next Meeting: Tuesday, April 14, 2026, at 9:30 a.m.